



What Are Other Patients Saying?

by NEWLIFEOUTLOOK TEAM

Patient's Perspective of Rheumatology Care

If you're unsatisfied with the quality of care being given to you by a doctor, you can always go to another specialist for a second opinion. The American College of Rheumatology has a tool that allows you to search by location for a rheumatologist. If your symptoms aren't being completely relieved by your pharmacological treatments, remember that there are supplementary therapies that might help you as well. Simple therapies such as exercise and nutrition can actually help with your arthritis symptoms. A physiotherapist and a dietitian should be able to help you create a practical plan to help with the symptoms that are still present after pharmacological treatments.

